

## Preparing for your Appointment

### Surgery

Your pet has been scheduled for an "Surgery/Anesthesia" appointment. This means that your pet is scheduled to undergo anesthesia and a medical or surgical procedure. Here are a few Pre-Examination Considerations that may help you and your pet prepare for this examination.

- General anesthesia is best performed on an empty stomach. Ideally your pet, if appropriate, can be fasted for about 12 hours prior to the procedure. If this is not possible, 4 hours is considered the minimum amount of fasting that is required.
- Drinking water is completely safe and your pet should not be restricted from water.
- Please let your pet urinate and defecate prior to the procedure if possible
- Please let your medical team know which of the following potential reactions to anesthesia best describes your pet's last response to anesthesia (if applicable):
  - Completely normal at discharge
  - Somewhat quiet or sleepy the day of discharge and completely normal later that night
  - Really sleepy or tired at discharge but completely normal the next day.
  - Really sleepy and tired the day of surgery and still sleepy the next day but normal by evening the next day
  - Took several days to be back "to normal" after surgery.
  - Had significant reaction to anesthesia
- Make sure you are prepared for postoperative care. Ask your Veterinarian about what postoperative care considerations you may have to plan for (such as exercise restriction, etc...)
- ALWAYS CONTACT YOUR VETERINARIAN IF YOU HAVE ANY QUESTIONS ABOUT PREPARING FOR THE APPOINTMENT.